

# **COMPOSITIONS FOR NASAL ADMINISTRATION OF DESMOPRESSIN**

Patent Number:

WO9501183

Publication date: 1995-01-12

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Requested

Patent:

Application

Number:

WO1994SE00623 19940622

**Priority Number** 

(s):

US19930084894 19930629

**IPC** 

Classification:

A61K37/34

EC

A61K9/00M14, A61K38/11

Classification: Equivalents:

CA2166312, CN1126439, CZ9503390, EP0708657 (WO9501183), HU73776,

JP9502425T, NZ268442, PL312204, RU2135204, SK165095

#### Abstract

An aqueous composition for spray nasal administration of a synthetic analog of vasopressing (desmopressin; 1-deamino-8-D-arginine-vasopressin) contains between 2.5 and 7.5 mu g per 100 mu I. The composition may additionally contain an osmotic-pressure controlling agent, such as sodium chloride, a preservative, such as chlorobutanol or benzalkonium chloride, and a buffer stabilizing the pH between about 4 and 6. Buffers containing citrate and/or phosphate are preferred. Also disclosed is a sealed container filled with the composition, an assembly comprising the container and a spray pump, and the use of the composition, the container, and the assembly in the management of urinary disorders.

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## **PCT**

(30) Priority Data:

# WORLD INTELLECTUAL PROPERTY ORGANIZATION International Bureau



### INTERNATIONAL APPLICATION PUBLISHED UNDER THE PATENT COOPERATION TREATY (PCT)

(51) International Patent Classification <sup>5</sup> :		(11) International Publication Number:	WO 95/01183
A61K 37/34	A1	(43) International Publication Date:	12 January 1995 (12.01.95)

(21) International Application Number: PCT/SE94/00623 (81) Designated States: BG, BR, BY, CA, CN, CZ, FI, HU, JP, KR, LV, NO, NZ, PL, RO, RU, SK, UA, European patent (AT, BE, CH, DE, DK, ES, FR, GB, GR, IE, IT, LU, MC,

NL, PT, SE).

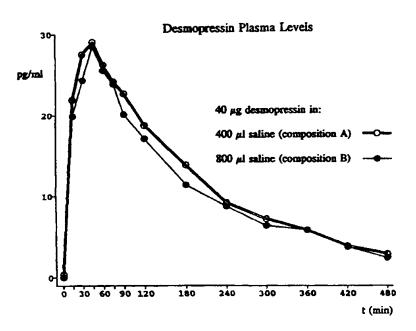
084,894 29 June 1993 (29.06.93) US

US Published
With international search report.

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(54) Title: COMPOSITIONS FOR NASAL ADMINISTRATION OF DESMOPRESSIN



#### (57) Abstract

An aqueous composition for spray nasal administration of a synthetic analog of vasopressin (desmopressin; 1-deamino-8-D-arginine-vasopressin) contains between 2.5 and  $7.5 \mu g$  per 100  $\mu l$ . The composition may additionally contain an osmotic-pressure controlling agent, such as sodium chloride, a preservative, such as chlorobutanol or benzalkonium chloride, and a buffer stabilizing the pH between about 4 and 6. Buffers containing citrate and/or phosphate are preferred. Also disclosed is a sealed container filled with the composition, an assembly comprising the container and a spray pump, and the use of the composition, the container, and the assembly in the management of urinary disorders.

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COMPOSITIONS FOR NASAL ADMINISTRATION OF DESMOPRESSIN.

The present invention is a composition for spray delivery to the nasal mucosa of 1-deamino-8-D-arginine-vasopressin (desmopressin).

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Desmopressin, 1-(3-mercaptopropionic acid)-8-D-arginine-vasopressin (hereinafter also abbreviated as "DDAVP") is an analog of the neurohypophyseal peptide vasopressin.

DDAVP is indicated in the management of a variety of medical conditions such as irregular urination or diurea, particularly those associated with diabetes insipidus and nocturnal enuresis.

DDAVP is currently available as an aqueous nasal spray composition which is administered by means of a metered spray pump. For instance, MINIRIN® nasal spray, Ferring AB, Sweden, contains 10 µg of desmopressin acetate per 100 µl, 0.5 % of chlorobutanol (w/v) as preservative, and sodium chloride. Intranasal administration of about 200 µl MINIRIN® spray, containing about 20 µg of desmopressin, provides an antidiuretic effect lasting in most adult patients for about 8 to 12 hours.

In a minority of cases a dose of up to 40  $\mu g$  (400  $\mu l$ ) is required for similar effects.

For most nasally administered agents, the capacity of the human nasal cavity surface for holding aqueous solutions is limited. In most adults, this capacity is about 400  $\mu$ l. For efficient systemic absorption of nasally administered therapeutics, the vehicle carrying the drug must remain in contact with the mucus-lined epithelium for a sufficient period of time.

35 400  $\mu$ l volume is close to the maximum useful volume for known nasal spray compositions containing desmopressin. Nasal spray compositions having low concentrations of

DDAVP might allow coverage of a wider range of patients, such as including very young or elderly patients. However, even such dilute concentrations must be delivered in minute doses because of the potency of DDAVP. On the other hand, about 100  $\mu$ l (containing a dose of 10  $\mu$ g) of known solutions containing DDAVP is the lowest dose volume that can be conveniently reproduced by single actuations of the metered spray pump, and remain therapeutically effective.

10 Harris et al., J. Pharm. Sci. 77 (1988) 337-339,
conducting experiments based on healthy human volunteers,
state that a given amount of desmopressin in larger
volume, when given in a single dose, is absorbed
substantially less effectively than the same amount in a

15 smaller volume (see Fig. 1, Harris, ibid.). These findings
are in full agreement with those of Anik et al., J. Pharm.
Sci. 73 (1984) 684-685, who conducted similar tests on
rhesus monkeys with nasally administered solutions
containing the decapeptide nafarelin acetate. Both reports
20 favor higher concentrations and discourage use of more
dilute solutions.

The known results obtained with desmopressin are based on analysis of plasma levels of desmopressin and factor VIII:C. The release into plasma of factor VIII:C is known to be stimulated by high doses of desmopressin. The dosage administered intranasally in such experiments was approximately 300  $\mu$ g, about ten times the average dose given to patients with urinary disorders.

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Thus, there exists a problem in the art for achieving a balance between therapeutic needs and dosage related problems of DDAVP nasal compositions. There is a need in the art for precisely metered, easily administered, and consistently reproducible nasal delivery compositions containing DDAVP.

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An object of the present invention is to provide a nasal spray composition containing desmopressin which allows effective delivery to a wider range of patients, including very young and elderly patients.

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Another object is to provide an aqueous composition for nasal administration of between 2.5 and 7.5  $\mu g$  of desmopressin per 100  $\mu l$ , which allows consistent delivery of optimum therapeutic doses of the DDAVP.

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Further objects include the provision of a sealed container for delivery of DDAVP nasal compositions, an assembly comprising the sealed container and a spray pump, and the use of the composition, the container, and the assembly in the management of urinary disorders.

It has now been surprisingly found that the known relationship between the concentration of desmopressin in the aqueous carrier for nasal spray administration, said concentration being a desmopressin concentration of at least 1  $\mu$ g per 100  $\mu$ l, and desmopressin uptake by the nasal mucosa, which relationship dissuades from using more dilute solutions, does not hold for substantially smaller desmopressin concentrations, such as concentrations ranging from 2.5  $\mu$ g to 7.5  $\mu$ g per 100  $\mu$ l.

In accordance with the invention, there is disclosed an aqueous nasal spray composition containing between 2.5 and 7.5  $\mu g$  of desmopressin per 100  $\mu l$ , the preferred concentration being about 5  $\mu g$  desmopressin per 100  $\mu l$  aqueous composition. It has been unexpectedly found that these optimum ranges provide ideal nasal delivery conditions for optimal therapeutic effects for desmopressin.

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A preferred embodiment of the composition according to the present invention comprises an osmotic pressure-

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controlling agent, such as sodium chloride, and a preservative, such as chlorobutanol or a quaternary amine preservative such as benzalkonium chloride.

According to another embodiment, the composition additionally comprises a buffer, preferably a buffer comprising citrate and/or phosphate. The buffer used in the present compositions should maintain the pH from about 4 to about 6, preferably a pH of about 5.

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It is especially preferred for the composition to comprise both benzalkonium chloride and the above-defined buffer, which makes the DDAVP nasal compositions of the present invention room-temperature stable, with shelf lives exceeding one year.

Additionally the composition according to the invention may contain absorption enhancers such as bile salts, monolauryl ethers of macrogols, phospholipids and fusidate derivatives.

It is preferred for the composition according to the invention to be administrable in a metered dose or multiples thereof, said metered dose comprising from 2.5  $\mu$ g to 7.5  $\mu$ g of desmopressin dissolved in from 50  $\mu$ l to 150  $\mu$ l of an aqueous carrier to provide a desmopressin concentration in said carrier ranging from 2.5  $\mu$ g to 7.5  $\mu$ g per 100  $\mu$ l, for effecting a plasma profile essentially corresponding to that obtainable by single or multiple dose nasal administration of the same total amount of desmopressin dissolved in said carrier in substantially higher concentration.

It is also preferred for the composition according to the invention to be administrable in a metered dose or multiples thereof, said metered dose comprising from 2.5  $\mu g$  to 7.5  $\mu g$  of desmopressin dissolved in from 50  $\mu l$  to

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150  $\mu$ l of an aqueous carrier, for effecting a plasma profile essentially equivalent, on a desmopressin unit dose weight basis, to a desmopressin plasma profile obtainable by nasal administration of a metered dose of desmopressin comprising substantially higher amounts of desmopressin in a corresponding smaller volume of aqueous carrier ranging from 50  $\mu$ l to 150  $\mu$ l.

Also disclosed is a sealed container filled with an aqueous desmopressin spray composition according to the invention and its use in connection with a spray pump. The container and the pump may be integrated as a unit and can also be made disposable. It is preferred for the pump to be a metered precompression spray pump. The pump is preferably designed for delivering a dose ranging from 2.5 to 7.5  $\mu$ g desmopressin per actuation, with the optimum amount at about 5  $\mu$ q.

The composition according to the invention is used for effective therapeutic management of various urinary disorders, such as diabetes insipidus, incontinence, and enuresis, particularly nocturnal enuresis.

FIGURE 1 graphically depicts therapeutical bioequivalence of known DDAVP nasal solutions and the DDAVP aqueous nasal compositions of the present invention.

The invention will now be explained in detail by reference to the following experimental examples.

EXAMPLE 1

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Preparation of test solutions. Two desmopressin acetate nasal spray compositions (A and B) were prepared under aseptic conditions by dissolving the following components in 1 l of Millipore®-filtered water:

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composition	A	В	
desmopressin acetate	100 mg	50 mg	
chlorobutanol*	5 g	5 g	
sodium chloride	9 q	9 g	

\* 1,1,1-trichloro-2-methylpropan-2-ol

pH was adjusted to 3.5 - 5.0 by addition of 2 N HCl. A

denotes a currently known composition which was prepared
for comparison, while B denotes the composition made
according to the present invention.

#### EXAMPLE 2

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Comparative testing. 24 healthy male volunteers were given 40  $\mu$ g of desmopressin in the form of composition A from Example 1 (administration of a 4 x 100  $\mu$ l = 400  $\mu$ l dose). After an interval of at least one week, the same test subjects were given desmopressin in the form of composition B (administration of a 8 x 100  $\mu$ l = 800  $\mu$ l dose). Commercially available, metered-dose spray pumps manufactured by Erich Pfeiffer AG, Rudolfzell, Germany, set to the appropriate dosage volumes were used.

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Blood was collected by venipuncture before administration (control) and at times 5, 15, 30, 45, 60, and 90 minutes, and 2, 4, 6, and 8 hours after administration. Plasma desmopressin was assayed by RIA as described by Harris, et al., <u>J. Pharm. Sci.</u> 77 (1988) 337-338 (for statistical treatment of data, <u>see</u> Harris <u>ibid.</u>, p. 338).

The results are graphically depicted in Fig. 1, which shows plasma levels of desmopressin as a function of time. It is evident from Fig. 1 that composition (A) and the composition according to the present invention (B) are bioequivalent and therefore therapeutically equivalent. It

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can also be seen that composition (B) has a substantially broader useful administration range.

### EXAMPLE 3

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Long shelf-life composition. A nasal spray composition according to the present invention having a shelf life of more than one year at room temperature was prepared by dissolving in 1000 ml of Millipore\*-filtered water: 50 mg of desmopressin acetate, 1.0 g of benzalkonium chloride, 6.3 g of sodium chloride, 1.56 g of citric acid, and 2.43 g of disodium hydrogen phosphate.

While the various embodiments of the present invention

have been described herein, it is possible that one
skilled in the art could modify the various reagents and
reaction conditions and obtain similar results. Such
modifications are contemplated as being within the scope
of the present disclosure.

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### Claims

- 1. An aqueous composition for nasal administration of desmopressin, comprising between about 2.5 and about 7.5  $\mu$ g desmopressin per 100  $\mu$ l of said aqueous composition.
- 2. The composition according to claim 1, wherein said composition contains about 5  $\mu$ g desmopressin per 100  $\mu$ l.
  - 3. The composition according to claim 1, further comprising an osmotic pressure-controlling agent.
- 15 4. The composition according to claim 3, wherein said osmotic pressure-controlling agent is sodium chloride.
  - 5. The composition according to claim 1, further comprising a preservative.
  - 6. The composition according to claim 5, wherein said preservative is chlorobutanol.
- 7. The composition according to claim 5, wherein said preservative is a quaternary amine.
  - 8. The composition according to claim 7, wherein said quaternary amine is benzalkonium chloride.
- 30 9. The composition according to claim 1, further comprising a buffer.
  - 10. The composition according to claim 9, wherein said buffer comprises citrate and/or phosphate.
  - 11. The composition according to claim 10, wherein said buffer maintains a pH from about 4 to about 6.

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- 12. The composition according to claim 11, wherein said buffer maintains pH at about 5.
- 13. The composition according to claim 1, further comprising at least one absorption enhancing agent.

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- 14. The composition of claim 13, wherein said absorption enhancing agent is selected from the group consisting of bile salts, monolauryl ethers of macrogols, phospholipids, and fusidate derivatives.
- 15. The composition according to rlaim 1, administrable in a metered dose or muitiples thereof, said metered dose comprising from 2.5 μg to 7.5 μg of desmopressin dissolved in from 50 μl to 150 μl of an aqueous carrier to provide a desmopressin concentration in said carrier ranging from 2.5 μg to 7.5 μg per 100 μl, for effecting a plasma profile essentially corresponding to that obtainable by nasal administration of the same total amount of desmopressin dissolved in said carrier in substantially higher concentration.
- 16. The composition according to claim 1, administrable in a metered dose comprising from 2.5 μg to 7.5 μg of desmopressin dissolved in from 50 μl to 150 μl of an aqueous carrier, for effecting a plasma profile essentially equivalent, on a desmopressin unit dose weight basis, to a desmopressin plasma profile obtainable by nasal administration of a metered dose of desmopressin comprising substantially higher amounts of desmopressin in a corresponding smaller volume of aqueous carrier ranging from 50 μl to 150 μl.
- 17. An aqueous composition for nasal administration of35 desmopressin, comprising:
  - a) between about 2.5 and about 7.5 μg desmopressin per

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100 µ1;

- b) benzalkonium chloride;
- c) an absorption enhancing agent selected from the group consisting of bile salts, monolauryl ethers of macrogols, phospholipids, and fusidate derivatives; and
- d) a buffer comprising phosphate and citrate, such that said buffer has substantial buffering capacity at a pH from 4 to 6.

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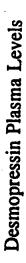
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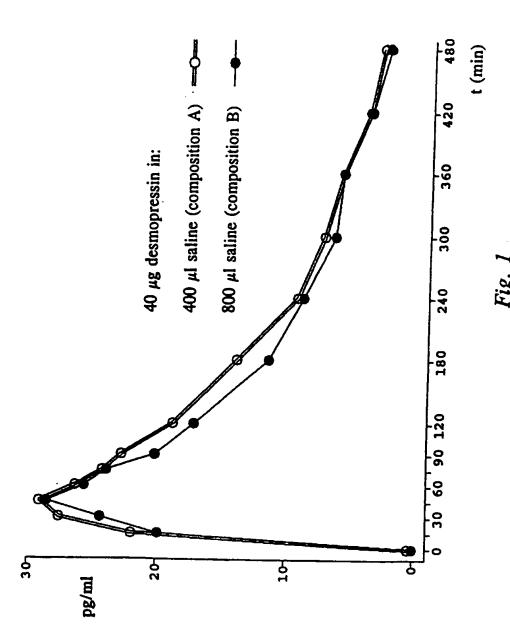
- 18. A sealed container containing an aqueous desmopressin spray composition according to claim 16.
- 19. An assembly comprising a sealed container according15 to claim 18 and a precompression spray pump.
  - 20. The assembly according to claim 19, wherein said spray pump delivers a dose volume containing from about 2.5  $\mu$ g to about 7.5  $\mu$ g desmopressin per actuation.

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- 21. The assembly according to claim 20, wherein said dose volume contains about 5.0  $\mu$ g desmopressin per actuation.
- 25 22. A method for treating urinary disorders with the composition according to claim 1.
  - 23. The method of claim 22, wherein said disorder is selected from the group consisting of diabetes insipidus, incontinence, enuresis and nocturnal enuresis.
    - 24. A method for treating urinary disorders with the composition according to claim 17.
- 35 25. The method of claim 24, wherein said disorder is selected from the group consisting of diabetes insipidus, incontinence, enuresis and nocturnal enuresis.





## INTERNATIONAL SEARCH REPORT

International application No. PCT/SE 94/00623

A. CLASSIFICATION OF SUBJECT MATTER		······
IPC5: A61K 37/34 According to International Patent Classification (IPC) or to be	oth national classification and IPC	
B. FIELDS SEARCHED		
Minimum documentation searched (classification system follow	red by classification symbols)	
IPC5: A61K		
Documentation searched other than minimum documentation t	to the extent that such documents are included i	n the fields searched
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Electronic data base consulted during the international search (	name of data base and, where practicable, searc	h terms used)
MEDLINE, BIOSIS, EMBASE, WPI, CLAIMS		
C. DOCUMENTS CONSIDERED TO BE RELEVAL	NT	· · · · · · · · · · · · · · · · · · ·
Category* Citation of document, with indication, where	e appropriate, of the relevant passages	Relevant to claim No.
A EP, A1, 0381345 (CORINT, LTD. (08.08.90)	), 8 August 1990	1-21
, ,		
A WO, A1, 8805661 (BIOMED RESEAU LIMITED), 11 August 1988		1-21
A The Lancet, 1968, I Vavra et a Synthetic Analogue of Vand in Patients with Diabosee page 948 - page 952	asopressin in Animals	1-21
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## INTERNATIONAL SEARCH REPORT

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Box I	Observations where certain claims were found unsearchable (Continuation of item 1 of first sheet)
This inter	mational search report has not been established in respect of certain claims under Article 17(2)(a) for the following reasons:
1. X	Claims Nos.: 22-25 because they relate to subject matter not required to be searched by this Authority, namely:
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2.	Claims Nos.: because they relate to parts of the international application that do not comply with the prescribed requirements to such an extent that no meaningful international search can be carried out, specifically:
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	mational Searching Authority found multiple inventions in this international application, as follows:
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2.	As all searchable claims could be searched without effort justifying an additional fee, this Authority did not invite payment of any additional fee.
3.	As only some of the required additional search fees were timely paid by the applicant, this international search report covers only those claims for which fees were paid, specifically claims Nos.:
4.	No required additional search fees were timely paid by the applicant. Consequently, this international search report is restricted to the invention first mentioned in the claims; it is covered by claims Nos.:
Remark	on Protest The additional search fees were accompanied by the applicant's protest.
	No protest accompanied the payment of additional search fees.

### INTERNATIONAL SEARCH REPORT

Information on patent family members

27/08/94

International application No.

PCT/SE 94/00623

	document arch report	Publication date		ent family nember(s)	Publication date
EP-A1-	0381345	08/08/90	AT-T- DE-D-	108326 69010518	15/07/94 00/00/00
WO-A1-	8805661	11/08/88	EP-A-	0300036	25/01/89

Form PCT/ISA/210 (patent family annex) (July 1992)